

This research is a partnership between Northumbria University, Northumberland, Tyne and Wear NHS Foundation Trust and Northumberland, Tyne and Wear Service User and Carer Network.

The research has explored mental health recovery and care coordination in the North East of England. Being funded by the National Institute for Health Research (RfPB ref: PB-PG-0808-17269).



Is there a Pathway to Recovery through Care Coordination?

Flash Card 1:

Setting up the Research Project

For more information visit: <http://www.rwire.co.uk/>

Setting up the Research Project:

- ✓ Find out who knows about the kinds of things that are important to research in the area?
- ✓ Contact groups/organisations/individuals and form links with people who are already engaged in this area and/or type of research.
- ✓ Work with them to develop a research question and methodology.
- ✓ Finance - how is researcher travel and time going to be financed at this set up stage?
- ✓ Look carefully into who might fund your research.
- ✓ Keep a tight focus on clear achievable aims within the research.
- ✓ Having got funding, look early to organising honorary contracts, DBS and health checks - time and support will be needed to set them up.
- ✓ Work closely with NHS Trust staff to establish what is required from the Trust e.g. Research and Development Department.

Additional resources:-

- NHS Research and Development Forum <http://www.rdforum.nhs.uk/content/>
- Local Research Design Services <http://www.rds-sc.nihr.ac.uk/>
- National Institute for Health Research <http://www.nihr.ac.uk/research/>