

This research is a partnership between Northumbria University, Northumberland, Tyne and Wear NHS Foundation Trust and Northumberland, Tyne and Wear Service User and Carer Network.

The research has explored mental health recovery and care coordination in the North East of England. Being funded by the National Institute for Health Research (RfPB ref: PB-PG-0808-17269).



## Is there a Pathway to Recovery through Care Coordination?

### Flash Card 2:

## Sustaining the Research Project

For more information visit: <http://www.rwire.co.uk/>

# Sustaining the Research Project:

Keeping people engaged:

- ✓ Focus on researching an area of interest to the people involved. Learning being applied to real issues in people's lives, not just academic or professionals ideas.
- ✓ Valuing and recognising peoples input and skill sets in the project in terms of financial and non financial benefits (e.g. conferences, library access, work based skills, being part of the academic community) is important.
- ✓ Mutual support, listening, discussing and responding to group suggestions is vital.
- ✓ Be mindful of people's personal and organisational agendas and how these can be balanced against the purposes and values of the project. These agendas can of course change over time.
- ✓ Researchers will learn, develop and may shift their identities during the project, this has implications for everyone.
- ✓ Providing flexibility for researchers to step on and off of the work is important.
- ✓ Supporting the inclusion of researchers at all stages of the research process will challenge the boundaries of organisations and systems.
- ✓ Ensure that all the roles are clear – jointly develop a research job description.

**Additional resources:**

**See researcher job description on the RWIRE website.**