

This research is a partnership between Northumbria University, Northumberland, Tyne and Wear NHS Foundation Trust and Northumberland, Tyne and Wear Service User and Carer Network.

The research has explored mental health recovery and care coordination in the North East of England. Being funded by the National Institute for Health Research (RfPB ref: PB-PG-0808-17269).



## Is there a Pathway to Recovery through Care Coordination?

### Flash Card 4:

### Research Ethics

For more information visit: <http://www.rwire.co.uk/>

# Research Ethics:

- ✓ Ethics is the systematic study of applied morality.
- ✓ The NHS Research Ethics Committee is concerned with protecting 'research subjects' from harm and ensure nothing happens to these subjects without valid consent.
- ✓ Informed consent is not a 'one off' event but an ongoing negotiation.
- ✓ Provide straight forward, clear information to participants.
- ✓ When considering safety and risk look to both participants and researchers.
- ✓ Problems exist in conceptualising mental health service users and carers as 'vulnerable' subjects in research. This in itself can be disempowering.
- ✓ The cultural contrast between risk averse, hierarchical, tightly structured ethical protocols and the continuously evolving, loosely structured, power sharing nature of emancipatory research is a tricky one.

## Additional resources:

Garrard, E. and Dawson, A. (2005) what is the role of the research ethics committee? Paternalism, inducement and harm in research ethics *Journal of Medical Ethics* 31: 419-423

NHS Health Research Authority <http://www.hra.nhs.uk/about-the-hra/our-committees/nres/>