

This research is a partnership between Northumbria University, Northumberland, Tyne and Wear NHS Foundation Trust and Northumberland, Tyne and Wear Service User and Carer Network.

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Is there a Pathway to Recovery through Care Coordination?

Flash Card 5:

Research Training:

For more information visit: <http://www.rwire.co.uk/>

Research Training:

- ✓ Have a basic course framework, but be flexible in developing content in response to the needs of the learners.
- ✓ Be mindful of people entering education for the first time or having had previous negative experiences of education.
- ✓ People may need to share personal experiences in a safe and valued way.
- ✓ Do not underestimate the importance of social time around coffee and lunch breaks in helping form a research team.
- ✓ Be innovative in evaluating student learning and assessment processes, don't just go with a traditional written assignment.
- ✓ Breaking down barriers between mental health service users, carers and the university is a three way learning process.
- ✓ Consider any changing identities – service users and carers moving through being students to researchers.

Additional resources:

Wallcraft, J., Schrank, B. and Amering, M. (2009) *Handbook of service user involvement in mental health research* London: Wiley-Blackwell.

British Educational Research Association - <http://www.bera.ac.uk>